

Behavioral Health Precertification List

Services Requiring Precertification*/Authorization

To obtain precertification/authorization for mental health, substance abuse or behavioral health services, refer to the member's ID card for the toll-free Member Services or Aetna Behavioral Health phone number.

Applies to: Aetna Choice® POS, Aetna Choice POS II, Aetna Golden Choice™, Aetna Golden Medicare Plan®, Aetna HealthFund®, Aetna Open Access® Elect Choice, Aetna Open Access HMO, Aetna Open Access Managed Choice, Elect Choice® HMO, Managed Choice®, Quality Point-of-Service® (QPOS®) and USAccess® benefits plans and all products associated with the Aexcel® network.**

Traditional Choice® and Open Choice®/PPO plans require precertification for inpatient care and Residential Treatment Care. Some may also require precertification for the additional services listed to the right.

*The term precertification means the utilization review process to determine whether the requested service or procedure meets the company's clinical criteria for coverage. It does not mean precertification as defined by Texas law, as a reliable representation of payment of care or services to fully insured HMO and PPO members.

**Not all plans are offered in all service areas. Aetna HealthFund PPO, Aetna HealthFund Managed Choice, Aexcel, Choice POS, Choice POS II, Golden Medicare Plan, Open Access Managed Choice, QPOS, and USAccess benefits plans may include the option for members to elect to go outside the network and receive reduced benefits.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health Inc., Aetna Health of California Inc., Aetna Life Insurance Company, Aetna Health Insurance Company of New York, Aetna Health Insurance Company, Aetna Health Administrators, LLC, Cofinity, and Strategic Resource Company. Aetna Behavioral Health refers to an internal business unit of Aetna. EAP is administered by Aetna Behavioral Health, LLC and Aetna Life Insurance Company (Aetna).

Behavioral health services requiring precertification/authorization

This applies only to services covered under the member's benefits plan.

- Inpatient admissions
- Residential Treatment Center (RTC) admissions
- Partial Hospitalization Programs (PHPs)
- Intensive Outpatient Programs (IOPs)
- Psychological testing
- Neuropsychological testing
- Outpatient Electroconvulsive Therapy (ECT)
- Biofeedback
- Amytal interview
- Psychiatric home care services
- Outpatient detoxification
- Applied Behavior Analysis (ABA)



Exceptions to this policy

This policy applies to all Aetna plans with the exception of:

- Behavioral health benefits plans that we administer, but do not manage
- Self-funded plans with plan sponsors who have expressly purchased precertification requirements

There may be plan sponsors whose plans require preauthorization for all outpatient services. Please ask your patients if they are covered under a plan with this requirement.

**Call toll-free:
1-800-624-0756**



www.aetna.com

©2010 Aetna Inc.